

SEPTEMBER 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 CLOSED Labour Day	03 Art with Christine 3:00-6:00pm Games Night 5:30-7:00pm	04 Pencil Case Decorating 5:30-7:00pm	05 Chat and Colour 5:00-7:00pm	06 Trivia Night 5:30-7:00pm	07
08 → Suicide Prevention Week	09 Mr. Noodles Spaghetti 4:00-5:00pm Spa Night 5:30-7:00pm	10 Art with Christine 3:00-6:00pm Games Night 5:30-7:00pm	11 9/11 Remembrance Day Shrinky Dinks 5:30-7:00pm	12 Older Youth Cooking 5:30-7:00pm	13 Movie Night 5:00-7:00pm	14
15 Start of National Hispanic Heritage Month	16 Out and About Trivia 4:00-5:00pm Mini Pizzas 4:00-5:00pm	17 Art with Christine 3:00-6:00pm Games Night 5:30-7:00pm	18 Vision Boards 5:30-7:00pm	19 Improv Games 5:30-7:00pm	20 HeForShe Movement Anniversary Older Youth Mocktail Making 5:30-7:00pm	21 International Day of Peace
22 → Gender Equality Week	23 International Day of Sign Languages Quick Apple Crumble 4:00-5:00pm Painting 5:30-7:00pm	24 Art with Christine 3:00-6:00pm Games Night 5:30-7:00pm	25 Chillax and Snax 5:30-7:00pm	26 Friendship Bracelets 5:30-7:00pm	27 Movie Night 5:00-7:00pm	28
29 	30 National Day for Truth and Reconciliation Out and About 4:00-5:00pm Loaded Mashed Potatoes 4:00-5:00pm	01 	02	03	04	05
Supports available for walk-in or appointment: <ul style="list-style-type: none"> • Primary care/Nurse Practitioner • Addiction Support • Mental Health Clinician 			Supports available daily: <ul style="list-style-type: none"> • Peer Support 11am-6pm • Wellness Team Services 11am-6pm • Skills and Wellbeing 5:30pm-7pm 			