

# NOVEMBER 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31 <b>National Domestic Violence Awareness Month</b>	01 <b>All Saints' Day</b> <b>Day of the Dead</b> <b>Birth of the Bab</b> <b>Warm Drink Making</b> 3-4pm	02 <b>All Souls Day</b> <b>Birth of Bahá'u'lláh</b>
03 <b>Treaties Recognition Week</b>	04 <b>Heads Up Tournament</b> 4-5pm <b>Out and About</b> 4-5pm	05 <b>Veterans' Week</b> <b>Awesome Music Hour</b> 4- 5pm	06  <b>S'mores Making</b> 3:30-4:30pm	07 <b>Games Day</b> 4-5pm	08 <b>Indigenous Veterans' Day</b> <b>Nail Painting</b> 4-5pm	09
10	11 <b>Remembrance Day</b> <b>Origami Day</b> 3:30-4:30pm	12 <b>Awesome Music Hour</b> 4-5pm  <b>Therapy Dog Lola</b> 3:30pm <b>Flex Your Emotions</b> 4-6pm	13 <b>Concurrent Trivia</b> 4-5pm	14 <b>World Diabetes Day</b> <b>Games Day</b> 4-5pm	15 <b>Guru Nanak Gurpurab</b> <b>Ice Cream Sundaes</b> 3:30-4:30pm	16 <b>International Day of Tolerance</b>
17 <b>National Addictions Awareness Week</b>	18 <b>Canada History Week</b> <b>Yogurt Parfaits</b> 3:30-4:30pm <b>Out and About</b> 4-5pm	19 <b>International Men's Day</b> <b>Awesome Music Hour</b> 4-5pm	20 <b>Transgender Day of Remembrance</b> <b>Sporcle Competition</b> 4:00pm	21 <b>Games Day</b> 4-5pm	22 <b>Lha Bab Düchen</b> <b>National Housing Day</b> <b>Bobbi Goods</b> <b>Colouring</b> 4-5pm	23 <b>Holodomor Memorial Day</b>
24	25 <b>International Day for the Elimination of Violence Against Women</b> <b>Grilled Cheese Making</b> 3:30	26 <small>16 Days of Activism against Gender-Based Violence</small> <b>Therapy Dog Lola</b> 3:30pm <b>Awesome Music Hour</b> 4-5pm	27 <b>Chillax and Snax</b> 3-4pm <b>YAC Meeting</b> 4:30pm	28 <b>Games Day</b> 4-5pm	29 <b>Fall Leaf Painting</b> 4-5pm	30
			<b>Supports available for walk-in or appointment:</b> <ul style="list-style-type: none"> <li>• Primary care/Nurse Practitioner</li> <li>• Addiction Support</li> <li>• Mental Health Clinician</li> </ul>			<b>Supports available daily:</b> <ul style="list-style-type: none"> <li>• Peer Support</li> <li>• Wellness Team Services</li> </ul>