

NOVEMBER 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	01	02
				National Domestic Violence Awareness Month	All Saints' Day Day of the Dead Birth of the Bab	All Souls Day Birth of Bahá'u'lláh
03 Treaties Recognition Week	04 DBT: Emotion Charades 3:00-4:00pm Out and About 4:00-5:00pm	05 Veterans' Week Guess that Tune 4:00-5:00pm Therapy Dog 4:00-5:00pm	06 Game Show Night 5:00-6:00pm	07 Letter Scavenger Hunt 4:00-6:00pm Therapy Dog 5:15-6:15pm	08 Indigenous Veterans' Day	09
10	11 Remembrance Day	12 Bath Bomb Making 3:30-5:00pm National Bereavement Day Programming 5:00-6:00pm	13 Movie Night 5:00-6:00pm	14 World Diabetes Day Themed Bingo 4:00-5:00pm	15 Guru Nanak Gurburab	16 International Day of Tolerance
17 National Addictions Awareness Week	18 Canada History Week Out and About 4:00-5:00pm	19 International Men's Day Nature Crafts 4:00-5:00pm Therapy Dog 4:00-5:00pm	20 Transgender Day of Remembrance Friendship Bracelets 4:00-5:00pm	21 Slime Making 4:00-5:00pm Therapy Dog 5:15-6:15pm	22 Lha Bab Düchen National Housing Day DBT: Musical Expression Workshop 4:00-5:00pm	23 Holodomor Memorial Day
24	25 International Day for the Elimination of Violence Against Women	26 16 Days of Activism against Gender-Based Violence Mental Illness Awareness Week Brownie Baking 4:00-6:00pm Therapy Dog 4:00-5:00pm	27 YAC 5:00-6:00pm Paint Swapping 4:00-5:00pm	28 Sundae Making 4:00-5:00pm	29	30

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support
- Wellness Team Services

