



## AUGUST 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	O1 Emancipation Day Shrinky Dinks 1:00-3:00pm	02 Quesadillas 1:00-3:00pm	03
04	05 CLOSED	Ob PJ's and Breakfast 11:30-1:00pm YAC Meeting 2:00-3:00pm	07 Chillax and Snax 1:00-3:00pm	08 Friendship Bracelets 1:00-3:00pm	International Day of the Worlds Indigenous Peoples Jello Aquariums 3:00-4:00pm	10
11	Drop-in 3:00pm-5:00pm 12 International Youth Day Snack Attack Programming 3:00-4:00pm	Nourish Your	Love Yourself/Body Positivity 3:30-4:30pm	Mindfullness  Movement  3:30-4:30pm	Social Media and Cyber Safety 3:30-4:30pm	17
Public Service Pride Week	19 Raksha Bandhan Out and About 3:00-4:00pm Skor Bars 2:00-3:00pm	20 Yogurt Parfaits 11:00-12:00pm	21 Air Dry Clay 1:30-3:30pm	22 Beaded Phone Chain 1:00-2:00pm	International Day for the 23 Remembrance of the Slave Trade and its Abolition Worms and Dirt 3:00-5:00pm	24
25	Krishna Janmashtami 26 Painting 1:00-3:00pm	27 <b>Board Games 1:00-3:00pm</b>	28 Chat and Colour 2:00-3:00pm	29 Spa Day 1:00-2:00pm	30 Root Beer Floats 3:00-4:00pm	31 Paryushan Paravarambha Drug Poisoning Awareness Day
		<ul> <li>Supports available for walk-in or appointment:         <ul> <li>Addiction Support</li> <li>Mental Health Clinician</li> </ul> </li> </ul>			<ul> <li>Supports available daily:</li> <li>Peer Support 11am-5pm</li> <li>Wellness Team Services 11am-5pm</li> </ul>	