

MAY 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	01  Therapy Dog 5:15-6:15pm  Card Games 4-5pm 	02 Karaoke Night 4-5pm 	03
04	05  Cinco de Mayo Sombrero Cookies 3:30-5:30pm	06  Read and Chat 4-5pm	07 Colour and Chill  3-4pm	08 Mother's Day Wildflower Bombs Guelph Public Library 4-5pm 	09 Pool Tournament 3:30-5pm 	10
11	12 Out N' About 4-5pm  Tutoring Program 4:30-6pm	13 Nail Painting  4:30-5:30pm	14 Sidewalk Chalk  4-5pm	15 DND Learn to Play 4-5pm Therapy Dog  5:15-6:15pm 	16 PJ and Pancake Day 5-6pm 	17
18	19 CLOSED	20 Flex your Emotions and Cookie Decorating 4-6pm 	21 Culture Day Activity 4-5pm	22 YAC Meeting 4-5pm 	23 Bracelet Making 3-4pm 	24
25	26 Tutoring Program 4:30-6pm  Out N' About 4-5pm	27 Uno Tournament  4-5pm	28 Yoga 4-5pm 	29 Therapy Dog 5:15-6:15pm Sundae Bar 4-5pm 	30 Paint Night 3:30-4:30 	31

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 2pm-6pm
- Wellness Team Services 11am-1pm & 2pm-7pm