





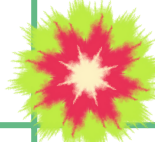















AUGUST 2025 PROGRAMMING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|---|---|--|----------|
| 27 | 28  Slime Making 3-4pm | 29  Flex Your Emotions 2:30-4:30pm | 30  Mood Walk 2-3pm | 31  Pizza Grilled Cheese 3-4pm | 01 Snack Attack 1-2pm | 02 |
| 03 | 04 Closed | 05 2nd Chance Employment 4-5pm  | 06  Mood Walk 2-3pm | 07  Tie Dye Shrinky Dinks 3-4pm | 08 Nourish to Flourish 1-2pm  | 09 |
| 10 | 11 HER Circle YAC 3-4pm | 12 Flex Your Emotions 2:30-4:30pm HER Circle  | 13  Mood Walk 2-3pm HER Circle | 14 Button Making 3-4pm HER Circle  | 15 Self Love Club 1-2pm | 16 |
| 17 | 18  Out n' About 4-5pm | 19  | 20  Mood Walk 2-3pm | 21  Lucky Charms Rice Krispies 3-4pm | 22 Mindful Movement 1-2pm  | 23 |
| 24 | 25  Pipe Cleaner Flower Bouquets 3-4pm | 26  | 27  Mood Walk 2-3pm | 28 Funfetti Cinnamon Rolls 3-4pm  | 29 Drug Poisoning Awareness Day Kahoot 3-4pm | 30 |
| 31 | Supports available for walk-in or appointment: <ul style="list-style-type: none"> • Primary care/Nurse Practitioner • Addiction Support • Mental Health Clinician | | | | Supports available daily: <ul style="list-style-type: none"> • Peer Support 1pm-5pm • Wellness Team Services 10am-5pm | |