

MAY 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	01 Colour & Chill 4-5pm	02	03
04	05 Cinco de Mayo Sombrero Cookies 4-5pm	06	07 Starbucks Pink Drink Making 4-5pm	08 Out n About 4-5pm	09 Mothers Day Craft Making 4-5pm	10
11	12 Lemon Loaf Baking 4-5pm	13 Movie Night 4-5:30pm	14 Bracelet Making 4-5pm	15 YAC Meeting 4-5pm	16	17
18	19 CLOSED	20	21 World Day for Cultural Diversity Craft 4-5pm	22 Out n About 4-5pm	23 Mini Fairy Garden Making 4-5:30pm	24
25	26 Strawberry Mug Cake Making 4-5pm	27	28 Rock Painting 4-5pm	29	30 PJ & Pancake Day 4-5pm	31

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 2pm-6pm
- Wellness Team Services 11am-1pm & 2pm-6pm