

SEPTEMBER 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 Closed	02	03 First Day of School Binder/Notebook Cover Pages 4-5pm	04 Trivia at Lunch 11:45am-12:30pm	05 Poutine Lunch 11:45am-12:30pm	06
07	08 Mini Pizzas 4-5pm	09 Tutoring with Tara 3-5pm	10 Uno Tournament 4-5pm Tutoring with Tara 2-5pm	11 Trivia at Lunch 11:30am-12:45pm	12 Slime Making 4-5pm	
14	15 Watercolour Paint Sunset 4-5pm	16 Tutoring with Tara 3-5pm	17 Mario Kart Tournament 4-5pm Tutoring with Tara 2-5pm	18 Trivia at Lunch 11:45am-12:30pm	19 Smores Dip 4-5pm	20
21	22 Lunchbox Making 4-5pm	23 Tutoring with Tara 3-5pm	24 Smash Bros Tournament 4-5pm	25 Trivia at Lunch 11:45am-12:30pm	26 Air Dry Clay 4-5pm	27
28	29 Homemade Guacamole 4-5pm	30	01	02	03	04

Supports for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 11am-6pm
- Wellness Team Services
11am-6pm

Contact at:

- www.thegrovehubs.ca
- 519-580-0010
- @thegrovehubs.palmerston