



THE GROVE
YOUTH WELLNESS HUBS ONTARIO



MAY 2023 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 	01 Awesome Music Hour 4:00-5:00pm Rainbow Mentors 3:30-5:30pm	02 Art With Christine 3:00-6:00pm 	03 Safe Sisters 4:00-5:00pm 	04 Skills Group 4:00-5:00pm 	05 Movie Night 4:00-5:00pm	06
07	08 Awesome Music Hour 4:00-5:00pm	09 Art With Christine 3:00-6:00pm	10 Safe Sisters 4:00-5:00pm	11 Safe Communities Workshop 4:00-5:30pm Skills Group 4:00-5:00pm 	12 Fruit Roll-Ups & Ice Cream 4:00-5:00pm	13
14 	15 Awesome Music Hour 4:00-5:00pm	16 Art With Christine 3:00-6:00pm	17 Safe Sisters 4:00-5:00pm 	18	19 Gaming Tournament 4:00-5:00pm	20
21	22 CLOSED	23 Art With Christine 3:00-6:00pm	24 Safe Sisters 4:00-5:00pm	25 	26 Sundae Making 4:00-5:00pm	27
28	29 Awesome Music Hour 4:00-5:00pm 	30 Art With Christine 3:00-6:00pm	31 Safe Sisters 4:00-5:00pm 	Supports available daily: <ul style="list-style-type: none"> • Peer Support 11am-6pm • Wellness Team Services and System Navigation 11am-6pm Supports available for walk-in or appointment: <ul style="list-style-type: none"> • Primary care/Nurse Practitioner • Addiction Support • Mental Health Clinician 		

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DROP-IN HOURS: MONDAY TO FRIDAY 11AM-6PM