



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 Closed Labour Day	03	Ice Cream04Sandwich Social11:45-12:30 pmTutoring3:00 - 5:00 pm	05 Tutoring 3:00 - 5:00 pm	06	07
08 Suicide Prevention Week	09	10	9/11 Remembrance Day 11 MarioKart Contest \$20 Gift Card Prize 4:00 - 5:00 pm Tutoring 3:00 - 5:00 pm	12 Tutoring 3:00 - 5:00 pm	13	14
15	16 OUT and ABOUT TRIVIA 4:00-5:00 pm	17	18 Coffee and Lattes 11:45-12:30 pm	19	20 HeForShe Movement Anniversary	21 International Day of Peace
22 Gender Equality Week	23 International Day of Sign Languages Closed	24	25 Guided Fall Paint 4:00 - 5:00 pm	26	27	28
29	30 National Day For Truth and Reconiliation	01	02	03	04	05
 Supports available for walk-in or appointme Primary care/Nurse Practitioner Addiction Support Mental Health Clinician 			Peer Support		vtoring available: No Appointment needed Wed/Thurs 3:00 - 5:00 pm	
PALMERSTON DROP-IN HOURS: MONDAY 11AM-5PM , TUESDAY-THURSDAY 11AM-6PM & FRIDAY 11AM-4PM						

SEPTEMBER 2024 PROGRAMMING