









OCTOBER 2024 PROGRAMMING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|--|---------------------------------------|
| 29  | 30 | 01 Treaty Day | 02 Rosh HaShanah DBT Programming 4:00-5:00pm | 03 Navratri/ Navaratri Turkey Snack Bags 4:00-5:00pm | 04 St. Francis Day National Day of Action For Missing and Murdered Indigenous Women and Girls | 05 |
| 06 Mental Illness Awareness Week | 07 Personalized Tote Bags 4:00-5:00pm | 08 International Lesbian Day | 09 | 10 World Mental Health Day Super Smash Bros Tournament 4:00-5:00pm  | 11 International Day of the Girl Child National Coming Out Day Yom Kippur | 12 Dussehra / Vijayadashami |
| 13  | 14 CLOSED Thanksgiving Day | 15 International Day of Rural Women  | 16 Uno Tournament 4:00-5:00pm Sukkot International Pronouns Day | 17 | 18 Persons Day Pizza Rolls 4:00-5:00pm  | 19 |
| 20 Ace Week Invisible Disabilities Week | 21 Fall & Halloween Wooden Cutouts 5:00-6:00pm | 22 | 23 Shemini Atzeret DBT Programming 4:00-5:00pm  | 24 Simchat Torah YAC Meeting 4:00-5:00pm | 25 Cookies & Cream Bars 4:00-5:00pm | 26 Intersex Awareness Day |
| 27  | 28 Witch Lanterns 4:00-5:00pm | 29 | 30 Diwali Scary Movie Marathon 3:00-7:00pm | 31 Halloween Costume Contest 5:00-6:00pm  | 01 | 02 |

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 11am-6pm
- Wellness Team Services 11am-6pm