



SEPTEMBER 2023 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	01 Drop-In 11:00am- 4:00pm	02
03	04 CLOSED	05	Apple Nachos 4:30-5:30pm	07	O8 Shrink the Stigma with Shrinky Dinks 1:00-4:00pm	09
10	11	12	Hot Chocolate/ Latte Making 4:30-5:30pm	14	15	16
17	18	19	20 Chillax & Snax 4:30-5:30pm	21	22	23
24	25	26	Tote Bag Painting 4:30-5:30pm	28	29	30

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily starting at:

- Peer Support: 10am
- Wellness Team Services: 10am