

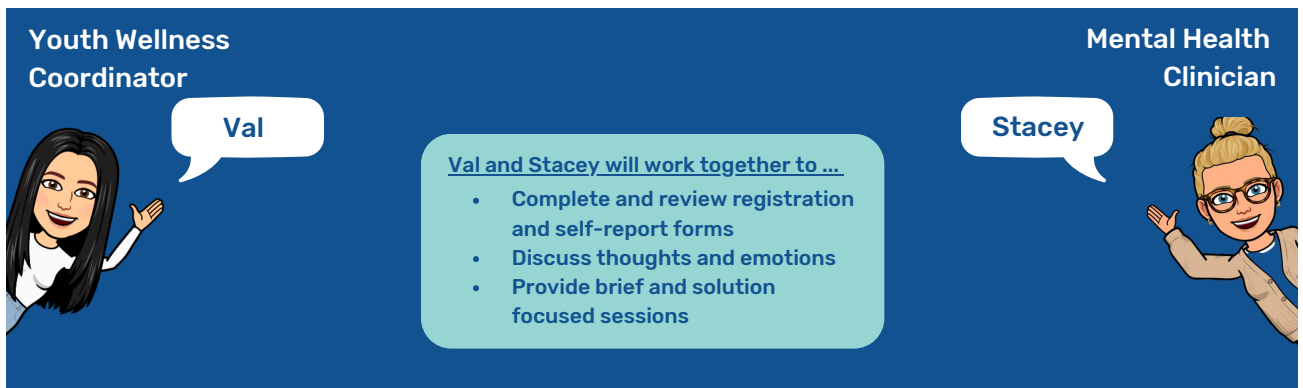
WALK-IN COUNSELLING AT THE GROVE HUB - FERGUS

Where & When?

When: Wednesdays for November from 1:00PM to 3:00PM, each time slot is 45 minutes, and the last session will start at 3:00PM.

Where: The Grove Hubs - Fergus @ 900 Tower St, South, Fergus

WITH WHO?



Val and Stacey will work together to ...

- Complete and review registration and self-report forms
- Discuss thoughts and emotions
- Provide brief and solution focused sessions

Important information to know!

This is not a crisis service:

In case of a crisis, you should call Here 24/7 at 1-844-437-3247 or attend the nearest emergency department at 131 Frederick Campbell Street.

It follows a youth-centered model:

The clinician will **not** share any information you provided, and your session will be completely **confidential**.

Unless there are concerns related to safety...

Have any questions?

For any further questions, you can reach out at 519-831-2982 or connect with Val via email at valentina@thegrovehubs.ca. More information is available on their website www.thegrovehubs.ca, including their Privacy Policy and Rights and Responsibilities.